

1900 Avenue of the Stars Avenue Newsletter



WINTER 2005

A PUBLICATION OF TOPA MANAGEMENT COMPANY

Inside this issue

Tenant Spotlight	1
AMC Movie Passes	1
The Friars Club	1
Health Update	1
Safety Tips	2
Valentine's Treats	2
Building Events	2
Staff Contact Information	2

AMC Movie Passes Available

The Office of the Building continues offering AMC Movie Passes to all Tenants at 1900 Avenue of the Stars. Prices are \$7.00 each for non-restricted and \$5.50 for restricted passes. Fountain drink and Popcorn tickets are also available for \$2.25 each (good anytime).



Reminder

All Tenants at 1900 AOTS may promote their businesses by advertising in the building elevators.

Visit Us Online

For additional information about the building or **Topa Management Company** visit us at:

www.Topa.com or www.1900Avenue.com

Tenant Spotlight: Korn/Ferry International has launched at 1900 Avenue of the Stars Suites 2600 and 2700

Korn/Ferry International, with 69 offices in 35 countries, is a leading provider of recruitment and leadership development services. Based in Los Angeles since 1969, the firm has conducted over 100,000 senior-level searches for clients worldwide. Korn/Ferry's services include Board and CEO recruitment, executive search, middle-management recruitment (through its Futurestep subsidiary) and leadership development solutions, featuring strategic management assessment and executive coaching.

Topa Management Company gladly welcomes Korn/Ferry International to 1900 Avenue of the Stars.

Visit the Friars Club of Beverly Hills Today

The Friars of Beverly Hills invites the tenants of 1900 Avenue of the Stars to come and enjoy lunch and/or dinner during its membership drive. The Friars is open for superb lunches between 11:00am-2:30pm as well as for dinners served between 5:30pm-10:00pm. Plus, don't miss meeting the Membership Director for Cocktails and Hors D'oeuvres between 5:00pm-6:00pm for a personalized tour. Please call (310) 553-0850 for details.

Health Update

Here are few great ways to alleviate your daily stress!

- Do things simply
- If what you're doing isn't working, try something else
- Work smarter, not harder
- Be less busy and more effective
- Challenge yourself to slow down and be more productive
- Learn something from someone with whom you disagree

Valentine's Treats

This Valentine's Day, enjoy your chocolate cravings because according to USA Today, chocolate may be



good for you. Scientists say that it has plant chemicals that help prevent heart attacks and cancer.

Valentine's Day Salmon Pâté - seafood appetizer

8oz cream cheese
1tsp horseradish
1tbsp lemon juice
1cup cooked smoked salmon
2 tsp minced onion
2tbsp chopped fresh parsley

Blend the above ingredients together and serve in a bowl. Garnish with parsley springs or tarragon. Serve with crackers!

Try this Non-Alcoholic and Healthy Cocktail

Combine ½ cup orange juice and ½ cup carrot juice. Add a dash of Tabasco and serve with a stick of celery.

Make sure the company is as enjoyable as the drink.

Building Events



Support American Breast Cancer Society
February 10th-February 21st
Daffodil days are here !

Support our "Girl Scouts"

March 10th, 3:00p.m.-6:00p.m.

Prepare yourself! Girl Scouts will be selling their delicious cookies in the lobby on A level

Fire Life Safety Warden Training

March 9th from 10:30a.m.-12:00p.m.

Fire Drill

March 16th all day

Good Fire Drill practice could save a life or two in an emergency.

As with all events, please be sure to pay attention to the elevator inserts or see your office managers for more information.

Safety Tips

Did you know that 23 million students nationwide ride a school bus each day? So, let's make sure our future is well protected by following these simple safety rules. Breaking school bus laws can have serious consequences. Of course, these laws differ from state to state; however, one law common to all states is that it is illegal to pass a stopped school bus.



- School bus drivers use a "flashing signal light system" to alert motorists that they are going to stop to load or unload students.
- **Yellow** flashing lights indicate the bus is preparing to stop to load or unload children. Motorists should slow down and prepare to stop.
- **Red** flashing lights and/or an extended stop arm indicates that the bus has stopped and that children are getting on or off. Motorists **MUST** stop their cars and wait until the red flashing lights are turned off, when the stop arm is withdrawn, the bus should begin moving again.

Motorists should also slow down in school zones, watch out for children walking in the street especially when there are no sidewalks, watch for playgrounds and be ready to stop quickly.

Please visit www.magellanhealth.com for more information.

General Contact Information

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